



# PRAISING

JESUS THROUGH WORSHIP & ADORATION

# PREPARING

BELIEVERS THROUGH DISCIPLESHIP & TRUTH

# PROCLAIMING

THE GOSPEL AND THE LOVE OF JESUS TO ALL

11•05•23



NWC.ORG



GIVE



CONNECTION CARD



# ROOTED

## GROUP NOTES

1. Elijah's experience in 1 Kings 18 showcases his unwavering trust in God, but in 1 Kings 19, he experiences deep despair and wishes for death. How does Elijah's story emphasize the reality of emotional lows even for those with strong faith?

2. What are some common triggers or circumstances that can lead individuals, even those with strong faith, to experience depression and discouragement? How can we support each other during these challenging times?

3. Discuss the importance of listening to God's voice during moments of despair and discouragement, as depicted in Elijah's experience. How can we actively seek God's guidance and comfort in our darkest moments?

4. How can prayer serve as a powerful tool for individuals struggling with depression and discouragement? Share personal experiences or examples of how prayer has helped you or others overcome challenging times.

5. Reflect on the importance of community and companionship in battling feelings of isolation and depression, as seen in Elijah's encounter with Elisha in 1 Kings 19. How can we build and strengthen supportive communities within our churches and personal circles?

6. What practical steps can we take to ensure that we are actively listening to God's voice during times of distress and discouragement? How can we discern God's guidance amidst the noise and confusion of life's challenges?

7. How does Elijah's journey from despair to renewed purpose and strength in God's calling inspire us to trust in God's plans for our lives, even during the most challenging seasons?

SERMON NOTES  
PASTOR WILL STOLL

MOUNTAINS &  
*Valleys*

## The Mountain of Discouragement

(1 Kg 18:41-44, 45-46, 19:1-3; Rom 1:28; Ex 8:15; 9:12;  
Jonah 4:3)

### Why Was Elijah Depressed?

- A) \_\_\_\_\_ Exhaustion
- B) \_\_\_\_\_ Exclusion
- C) \_\_\_\_\_ Expectation

### God's Ministry to Depression

1. Listen to your \_\_\_\_\_  
(1 Kg 19:5-8)
2. Listen to the \_\_\_\_\_  
(1 Kg 19:9-10)
3. Listen to your \_\_\_\_\_
4. Listen for God's \_\_\_\_\_  
(1 Kg 19:11-12; Zech 4:6)

*Sermon notes are also available at [nwc.org](http://nwc.org) next to each sermon message.*

# EVENTS

## SOUTHERN GOSPEL CONCERT

- NOV 10 | 7:00 PM

## LADIES NIGHT OUT

- NOV 17 | 6:30 PM

## CHRISTMAS AT NWC

- DEC 17 | 6:00 PM

- DEC 23 | 6:00 PM

- DEC 24 | 3:00 PM | 5:00 PM

# CONNECTION CARD

FILL OUT YOUR INFORMATION AND STAY CONNECTED

# PRAYER & PASTORS

PRAYER TEAM MEMBERS ARE AT THE STAGE AND OUR PASTORS WOULD LOVE TO MEET YOU AT THE CROSS

# GIVING

1. GIVING BOXES
2. NWC.ORG
3. KIOSKS IN LOBBY
4. TEXT "GIVE" TO +1 (844) 755-1555
5. WRITE A CHECK

	LAST SUNDAY	YEAR TO DATE
BUDGET	\$38,000	\$988,000
OFFERINGS	\$20,000	\$915,000
DIFFERENCE*	- \$18,000	- \$73,000

### *Giving Summary from last Sunday*

\*Fiscal Year begins May 1

## NORTHWEST CHURCH

| NWC.ORG | (559) 435-2200 | INFO@NWC.ORG  
| 5415 N. WEST AVE., FRESNO, CA 93711

## SUNDAYS

| 8:00 AM  
| 9:30 AM  
| 11:00 AM