WHAT TO EXPECT @ CELEBRATE RECOVERY

"Then you will know the truth, & the truth will set you FREE." John 8:32

CELEBRATE RECOVERY'S EIGHT RECOVERY PRINCIPLES

The Road to Recovery based on the Beatitudes.

Celebrate Recovery (CR) is a safe place where people can recover from life's hurts, habits, and hang-ups. Anonymity and confidentiality are an important part of this large group/small group format that teaches biblical principles with the 12 Steps of recovery to bring about real life change.

EVERY THURSDAY YOU'LL FIND

- Good food
- Great music
- Acceptance
- Free childcare
- Prayer support
- Caring people

• 12 Steps of recovery

- Opportunities to serve
- Proven biblical principles
- Encouraging message or testimony

CELEBRATE RECOVERY IS NOT

- A therapy group
- A quick fix
- A place for gossip
- A place to fix others
- A place to find a date

Realize I'm not God; I admit that I am powerless to control my tendency to do the wrong thing and that my life is unmanageable. (Step 1)

Happy are those who know that they are spiritually poor. Matthew 5:3a

Earnestly believe that God exists, that I matter to Him and that He has the power to help me recover. (Step 2)

Happy are those who mourn, for they shall be comforted. Matthew 5:4

Consciously choose to commit all my life and will to Christ's care and control. (Step 3)

Happy are the meek. Matthew 5:5a

Openly examine and confess my faults to myself, to God, and to someone I trust. (Steps 4 & 5)
Happy are the pure in heart. Matthew 5:8a

Voluntarily submit to any and all changes God wants to make in my life and humbly ask Him to remove my character defects. (Steps 6 & 7)
Happy are those whose greatest desire is to do what God requires. Matthew 5:6a

Evaluate all my relationships. Offer forgiveness to those who have hurt me and make amends for harm I've done to others when possible, except when to do so would harm them or others. (Steps 8 & 9)

Happy are the merciful. Matthew 5:7a; Happy are the peacemakers. Matthew 5:9

Reserve a daily time with God for self-examination, Bible reading, and prayer in order to know God and His will for my life and to gain the power to follow His will. (Steps 10 & 11)

Yield myself to God to be used to bring this Good News to others, both by my example and my words. (Step 12)

Happy are those who are persecuted because they do what God requires. Matthew 5:10



Celebrate Recovery offers hope and healing from the hurts, habits, and hang-ups we experience in life.

Thousands of lives have been transformed through this Christian recovery program that combines the 12 Steps with 8 Biblical Principles.

northwest

THURSDAYS @ 6:30PM

CALL OR VISIT FOR DETAILS: 559.435.2200

NWC.ORG

CELEBRATE RECOVERY (CR)

We all have hurts, habits, and hang-ups that can keep us from the life God intends for us. Recovery is not just for addicts; recovery is another word for "sanctification" – becoming more like Christ – and God calls all His children to participate in this! Celebrate Recovery is based on biblical principles that will help anyone with a desire to make better choices, develop healthy relationships, and grow in their freedom in Christ.

"By working through the eight recovery principles found in the Beatitudes, with Jesus Christ as your Higher Power, you can and will change! You will begin to experience the true peace and serenity you have been seeking and you will no longer have to rely on your dysfunctional, compulsive, and addictive behaviors as a temporary 'fix' for your pain." – Pastor Rick Warren, Saddleback Church

NEWCOMERS

New to CR or recovery? Wondering how to get started? Don't know what group to try? If you have questions or just need to get connected, our Newcomers 101 group is the place to start. It meets during the 7:30 Open Share group time. You'll get to find out about Celebrate Recovery and what we do every Thursday night!

OPEN SHARE GROUPS

OPEN SHARE GROUPS ARE ALWAYS GENDER-SPECIFIC AND CAN INCLUDE

CODEPENDENCY

Those who try to fix, help, or people-please to their own detriment

SUBSTANCE ABUSE Drugs, alcohol, prescription meds

FOOD ISSUES Any kind of food abuse

PURITY

Sexual purity, or relationship integrity

ABUSE

Physical, sexual, or emotional

HURTS, HABITS, AND HANG-UPS General issues or uncertain of main issues



WEEKLY SCHEDULE

5:30 DINNER (for the whole family)

6:30 WORSHIP

Live & Loud building

CR Kids - Birth to 6th grade*

Ask at the information table for class location

7:00 TEACHING orTESTIMONY
Live & Loud building

7:30 OPEN SHARE GROUPS
Throughout campus

NEWCOMERS 101 GROUP Room G101

8:30 SOLID ROCK **SOLID ROCK CAFÉ** (DESSERT & COFFEE) Room G101

RESOURCE TABLE

Stop by the back of the Live & Loud building and pick up information about 12 Step classes, description of groups, Bible reading plans, Recovery Bibles, and more.

*Parents must attend Celebrate Recovery.